Resume: Angela Dunbar

Accredited Executive Coach and Coaching Supervisor Fellow of the Association for Coaching Master NLP Practitioner, Professional Speaker and Author

Profile

My business was formed 24 years ago and over that time I have accumulated a wealth of experience of coaching, facilitation and supervision, particularly within my specialist areas of communication skills, confidence and creativity.

I am an active member of the Association for Coaching and former council member, holding the position of "Head of Professional Forums" over a period of 4 years. I was awarded the title of Lifelong Fellow in recognition of my contribution. I am also a Master NLP Practitioner with specialist training in Clean Language (a powerful non-directive method of encouraging change in people).

From a business perspective, I have a successful corporate management track record and have been a long term member of the Chartered Institute of Marketing, incorporating marketing & sales models and methods into my coaching, when relevant.



- BSc (Hons) in Psychology (First Class)
- Accredited Coach and Fellow with the Association for Coaching
- Accredited Coach Supervisor with the Association for Coaching
- ILM Level 5 Certificate in Coaching and Mentoring
- Diploma in Coaching Supervision
- NCFE Diploma in Performance Coaching
- NCFE Diploma in Life Coaching
- Master NLP Practitioner
- · Diploma in Marketing

Awards and nominations

I was nominated for both the "Influencing Service to the Profession of Coaching" and "Impacting Service to the Wider Community" Honorary Awards at the March 2008 Association for Coaching International Conference. In 2010/11 I was nominated again for the "Impacting Services" award.

Business Background

I have been the MD/sole proprietor of my own successful training, coaching and coach supervision business for 23 years. During this time, I have trained and coached at different levels of management, from first-line supervisors to MD level. I have a great deal of experience of working with senior management teams.

I have designed and delivered an abundance of communication and interpersonal skills training programmes, covering all aspects of sales, customer care, telephone skills, body language, rapport building, dealing with 'difficult' people, team building, leadership, motivation, performance improvement and coaching.

I first encountered NLP in 1995, and achieved my Practitioner Certificate (in 2002) then Master Practitioner Certificate (in 2004) through Marlin Training, involving a total of 320 hours of supervised training and practice of NLP techniques. Since then I have had a passion for working with individual people one-on-one to facilitate behavioural changes.

I have undertaken considerable training in Clean Language and associated techniques and I was one of the first certified facilitators in the country. I have also delivered a series of short workshops on the subject at Oxford Brookes University. I am author of the book: "Essential



Life Coaching Skills" published by Routledge in 2009. My second book 'Clean Coaching – The Insider Guide to making Change Happen' was published in October 2016.

The 'Clean Coaching Centre' was introduced as a brand name in 2004, offering a unique approach to coaching that tackles the unconscious and deeper aspects of human behaviour and thinking patterns. The centre provides dedicated online training courses created by David Grove and Carol Wilson to teach Clean Language and other 'Clean' techniques to coaches and other kinds of change facilitators. In 2015 this became the overarching business name I now trade under for all my work.

I have been an advocate of coaching supervision since my earliest days as a coach, and have supported the development of coaching supervision accreditation within the AC. I took part in the pilot programme for accreditation and was one of the original five AC accredited coaching supervisors in the UK.

Previous Work Experience

Prior to starting my own coaching business, I worked for Dun and Bradstreet for just under 10 years in a variety of senior management and sales management positions. In my final role I was responsible for the creation and management of a new department within the company, leading a team of Business Development Representatives, generating over a million pounds of new business revenue in its first year.

Endorsements and recommendations:

Go to my 'Linked-In' profile for a current summary my activity and to see many endorsements and recommendations on my coaching, training delivery and supervision: www.linkedin.com/in/angeladunbar

I am also a member of the Trusted Coach Directory. Link: https://trustedcoachdirectory.com/coach/coach-supervisor--honiton--angela-dunbar/

Through this site you can read a wealth of positive recommendations and descriptions of her client's experiences.

Here are a couple of recent testimonials from clients:

"Whenever I have been trained or supervised by Angela, there is a richness and warmth to the sessions which allows me to feel safe enough to explore and experiment so that I gain a real result from each one. Angela's style is to allow space for everyone's different personalities and yet to hold firm to the intended outcomes. From this I find every session has been very diverse and seamlessly delivers. Also although each session has had its own topic to cover, this has been interwoven with various extra elements or side paths. Therefore, I have found that I have a better context and foundation for what has been taught/ explored. Overall, my own coaching and training practice has been significantly enhanced by the learning I have gained, in so many ways, from Angela" Deni Lyall - Executive Career Coach: AC Accredited, Facilitator and Management Trainer

"Angela is a superb facilitator and coach. Her method and style offers flexibility and the opportunity to create an extended network of peers across the globe. Always happy to take calls and queries offline and support you in your learning, if you are considering a different approach to coaching and being coached, I would definitely recommend Angela". Danie O'Kane - Development Consultant at PricewaterhouseCoopers

Further details of specific coaching assignments with references can be provided on request.

Contact details

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